

*double
the stitches*



Promenade Pouch

PATTERN BY JESSICA AYS • DOUBLE THE STITCHES

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Day 3

KNIT THE I-CORD STRAP

Pick up and knit 3 stitches on the side of the pouch, under the flap. Do not turn your work.

Knit an I-cord strap that measures around 45"/112.5 cm - 54 inches/135 cm when it is stretched.

Bind off your i-cord stitches.

Cut the yarn, leaving a 10-12"/24-30 cm tail.

Use the tail to sew the end of the i-cord to the opposite side of the pouch securely, and weave in your ends.

A Note About Strap Length:

- Keep in mind that the i-cord strap will stretch once you add weight to your pouch. Stretch your i-cord when measuring it so you won't end up with a strap that's longer than expected once it's full!
- Taller individuals may need longer straps to ensure the bag falls at a comfortable level.
- Shorter individuals might prefer shorter straps to avoid the bag hanging too low.

KNIT AN I-CORD

Step 1: Knit the 3 Stitches.

Knit the 3 stitches as usual, EXCEPT the yarn for the first stitch is coming from the last stitch in the previous row, instead of the first when you begin knitting this row.

Step 2: Slide the Stitches.

When you have knit all 3 stitches onto the right needle, slide the stitches from one end of the needle to the other. You may find it faster to transfer the sts back to the left needle.

Repeat Steps 1 and 2, making sure to pull the yarn snug at the beginning of each row to ensure even stitches and reduce the gap at the back of the i-cord.

Bind off normally.

Day 3 continued

DECORATE THE FLAP WITH DUPLICATE STITCH

Step 1: First, cut a length of yarn approximately 24"/60 cm, and thread it onto a darning needle.

Note: Don't use a longer length or your yarn may start to look a bit ratty from being pulled through the fabric so many times!

Step 2: Bring your needle from the back of the work to the front through the bottom of the stitch. Leave a 6"/15 cm tail in the back so you can weave it in at the end.

Step 3: Next, cross the needle under both legs of the stitch ABOVE the one you are duplicating and pull the yarn through.

Insert your needle into the bottom of the V where you started, and pull the yarn through to the back of your work.

One stitch has been duplicated, and now you're ready for the next one!

Repeat Steps 1-3 following your chart or pattern.

Work across the row (or along a column where necessary). If you get confused, follow the path of the original yarn.

When you run out of yarn, weave the tail into the back of the work and join more yarn.

FINISHING

Weave in ends as invisibly as possible on wrong side.

DUPLICATE STITCH TIPS:

You may Duplicate Stitch over the "A" oriented stitches or the "V" oriented ones. It is a design decision, and up to you.

If you get confused, follow the path of the original yarn.

Don't pull the yarn too tight or it will thin out and won't fully cover the knit stitches. Try to keep a loose, but even, tension, and try to match the tension and size of original stitches so your work isn't too loose or puckered.

Follow the Simple Letters & Numbers on the next page ... or get creative and design your own!

Here's a link to [Free Custom Knitting & Crochet Graph Paper Generator](#) from Vanessa Smith Designs.

Pinterest and Google Images can be a great source of inspiration - try searching for "**small duplicate stitch motifs.**"

Day 3 continued

SIMPLE LETTERS & NUMBERS FOR DUPLICATE STITCH





ABOUT THE DESIGNER

Jessica Ays was born in Brooklyn, New York, and has made her home in the suburbs of Long Island with her husband and twin boys (*the inspiration for the name, Double the Stitches*).

As a designer and knitting instructor, Jessica is drawn to create patterns that work well for beginner classes or patterns that teach new techniques or skills. She strives to design with practical shapes featuring a touch of texture, creating classic pieces that you will love to make and love to wear.

JOIN THE STITCH SOCIETY!

Friends don't let friends knit alone! Be part of a warm and welcoming community of like-minded knitters and crocheters. There are lots of fun perks: a pattern every month, private coffee chats, priority pattern support with a stitch & technique library, fiber friends interviews & events, behind-the-scenes updates, early access to pattern testing calls, and more. Get all the details:

<https://doublethestitches.com/stitchsociety>.

NEED HELP?

For questions, pattern support, and other information, please email Jessica at

hello@doublethestitches.com.

LET'S BE SOCIAL ...

Join the Free Community Group at

<https://doublethestitches.com/thegroup>.

I'd love if you'd share your photos of your projects, and tag me on Instagram @doublethestitches and use the hashtag #doublethestitches. I love seeing what you create!

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